

REQUIREMENTS

- All students in grades 5 through 8 are eligible to participate.

Students should consider time, interests, academic responsibilities and team requirements before committing to a team. Some sports are very competitive and team selection and playing time cannot be guaranteed.

- ◆ OCSD Risk Management Parent Permission & Release Form MIS 5342 (rev 1/14) (MUST BE NOTARIZED)
- ◆ Pre-Participation Physical MIS 6347 (rev. 1/24/17)
- ◆ Concussion, Cardiac Arrest & Heat-Related Illness Release Form MIS 5384 (5/9/16)
- ◆ Parent&Student Concussion Form
- ◆ OCSD Student Intervention Services Consent for ImPACT Neurocognitive Testing and Release of Information MIS 5348 (3/2015)
- ◆ OCSD Middle School Athletic Conference Rules and Regulations MIS 3513 (rev 12/16)
- ◆ The Liza Jackson Code Of Conduct agreement form

- All required forms can be found at www.lizajackson.org under the Sports link., Middle School Athletic Packet
- Participation in any school-sponsored athletic even is prohibited until all the required forms have been turned in to the Athletic Department.
- A \$50 participation fee is required for each athlete for each sporting event.
- Some teams may incur additional expenses. (Uniforms, snacks, player's fees, travel, etc.)



The primary purpose of the athletic program at Liza Jackson Preparatory School is to promote the physical, mental, social, emotional and moral well-being of our participants. Our hope is that the athletics in our school will be a positive force in preparing our young adults for an enriching and vital role in our society.

The athletic program is considered an important and integral part of the total school program and is open to participation by all eligible students. Through voluntary participation, the athletes give their time, energy and loyalty to the athletic program. In order to contribute to the good of the program, the athlete must assume these obligations as the role demands sacrifices not required of the other students.

In addition to the Student Athletic Policy Handbook, all student athletes are governed by the LJPS Code of Discipline.

~ SUCCESS DOES NOT REST ~

LIZA JACKSON PREPARATORY SCHOOL

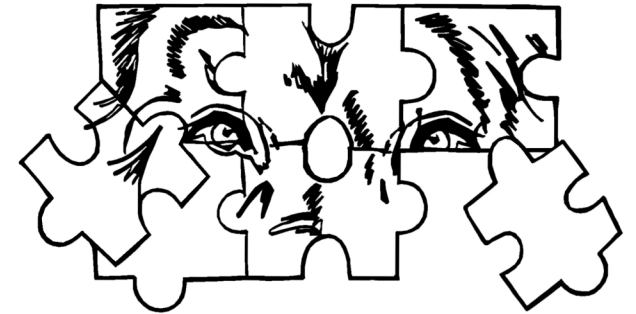
546 Mary Esther Cutoff , Suite 1
Fort Walton Beach, FL 32548

Principal, Kaye McKinley
Athletic Director, Lynn Clark
Phone: 850-833-3321
Fax: 850-833-3292
www.lizajackson.org



SPORTS AT LIZA

Piece by Piece



THE FUTURE
BELONGS TO THOSE
WHO PREPARE FOR IT

SPORTS AT LIZA

The Mission Statement: We are a caring community of learners, dedicated to making the world a better place, through academic preparation, good manners, common sense and 100% effort.

The Athletic Program at Liza Jackson strives to provide a competitive and developmental athletic program, while promoting and embodying the ideals of teamwork, sportsmanship, hard-work, self-discipline and commitment. We believe developing the student-athlete's character through a positive and supportive environment, increases self-confidence and performance and is therefore an essential part to personal success.

FALL SPORTS

Girls' Cross Country

FL State Champs 2010
2-Time County Champs 2010, 2011
JV ~ State Champs 2011

Boys' Cross Country

FL State Champs 2013
County Champs 2012, '13
JV ~ County Champs 2011, '12, '13, '14

Girls' Volleyball

County Champs 2012, '13



The season usually runs from September through October. Both sports offer summer training/camp opportunities and final try-outs are made during the first few weeks of school.

Coaches

Cross Country	Volleyball
Lynn Clark	Shalyn Cales
Josh Lobzun	
Chris Shonk	

WINTER SPORTS

The season usually runs from end of Oct-Feb.

Boys' & Girls' Soccer



Boys ~ County Champs 2007, 15, 16, 17
Boys ~ 2013 Lions Cup Champions



Coaches

Soccer	Archery	Dance
Kelly Fernandez	Emily Curtis	Cathy Dewrell
Alex Muir	E. Goodson	
Josh Lobzun		Flag Corp/Color Guard
Ryan Maxey		Jamie Fields

Boys' & Girls' Archery



YEAR ROUND

Competitive

Dance



Flag Corps /

Color Guard



SPRING SPORTS

Boys' & Girls' Golf

Girls ~ County Champs 2008, 2011



Boys' & Girls' Tennis

Boys ~ County Champs 2013



Boys' & Girls' Track & Field

Girls ~ Regional Champs 2011, 2012

The season usually runs from February through April. Try-outs are held for golf, tennis and track.



Boys' & Girls' Swimming



Boys ~ County Champs 2006
Girls ~ County Champs 2008, '09, '10, '11, '12, '14, '15, '16

Coaches

Golf	Tennis
Thomas Grogan—Boys	Josh O'Brien
Sal Linezo—Girls	Yanira Howell
Track & Field	Swimming
Josh Lobzun	Tiffany Sydow
Chris Shonk	Mathilda Ravine
Allan Kremer	
Tina Ballou	