

Archery at Liza Jackson Preparatory School



To: Parents/ Guardians of 4th to 8th grade students

Date: September 28, 2017

Liza Jackson is excited to continue the National Archery in the Schools Program (NASP) with our 4th to 8th grade PE classes.

WHAT IS NASP?

NASP brings the sport of archery to millions of students in schools across the country. The program is designed to teach international-style target archery in 4th-12th grades and the core content covers archery history, safety, technique, equipment, mental concentration, and self-improvement. The NASP archery curriculum is aligned to National Physical Education Standards. Students do not need any prior archery experience.

CHANGING LIVES ONE ARROW AT A TIME

Archery is a life-long sport that circumvents traditional barriers to engage students of all genders, physical abilities, and backgrounds, even aiding participation in students with disabilities. Archery is a physical activity in which boys and girls can participate together; it puts athletes and non-athletes on a level playing ground.

WHY NASP WORKS

Kids love archery. Archery helps kids excel. School archery programs:

- | | |
|-------------------------------------|--------------------------|
| Improve school attendance | Increase self-esteem |
| Increase physical activity | Relate to subject matter |
| Appeal to all students | Get kids out-of-doors |
| Can become an after-school activity | |

ARCHERY AT LIZA

Students will learn archery during their regularly scheduled PE class with their PE Team/Group.

In order to participate, **students need to have a signed and returned Parent Consent Form. (attached)**

After students have had an opportunity to learn archery during PE, they will have the opportunity to continue with archery by joining an after school Archery Team that will shoot competitively. Practices are scheduled once a week during November-February.

Is Archery Safe?

Archery's safety record is better than that of every ball sport taught in schools except table tennis. Equipment used is state-of-the-art and a universal fit so every student can safely use the same bows and arrows. The school provides students access to the equipment needed.

Please go to the following links for additional information regarding NASP:

<http://myfwc.com/education/outdoor-skills/archery/>

Please contact Coach Emily Curtis with any questions at ecurtis@lizajackson.org

Parental/Guardian Consent and Release for NASP Program Participation

(To be completed by parent or legal guardian only)

I, _____, hereby consent to allow _____
(Name of Parent/Legal Guardian) (Name of Student)

to participate in the National Archery in the Schools Program. In the event of injury or accident to my child, I do hereby release, discharge, absolve and hold harmless National Archery in the Schools Program, State of Florida, Department of Environmental Protection, FL Fish and Wildlife Conservation Commission, Okaloosa County School District and Liza Jackson Preparatory School, its officers, employees, volunteers, leaders, instructors, and coaches from any and all liability or responsibility thereof, from this date to the end of time.

(Signature of Parent/Legal Guardian)

(Date)

PLEASE BRING COMPLETED AND SIGNED FORM TO THE FIRST CLASS

